

BIRMINGHAM CITY NETBALL CLUB

Risk assessment for COVID 19 – Revision 01.10.2020

Written by BCNC Lead Covid officer RHIANNON PLEWS. Reviewed by Head Coach Dianne Barber and Club Secretary Jonathan Barber

| Issue | Risk and whom it might affect. | General controls to be put into place. | Outcomes, actions and specific controls to be put in place. | Who will be responsible to action? | When does this need to be done by? | Completed |
|---|--|--|---|---|---|-----------|
| Some members are more high risk to COVID 19 | <p>High risk members more likely to catch COVID 19</p> <p>Players, adults, parents, volunteers, officials.</p> | High risk groups are aware of all risks involved in netball and have access to personal risk assessment. | <p>Issue opt inform to all and do personal risk assessment to those who are high risk.</p> <p>Members made aware of opt in with no pressure option.</p> | <p>Rhiannon Plews lead Co-Lead Covid Officer</p> <p>Dianne Barber- Head coach, level two</p> <p>Jean Woodall-Llewellyn -level two coach</p> <p>Emma Mckeever-assistant coach level one</p> <p>Jeannie Burke- assistant coach, level one</p> | <p>Rhiannon Plews and other supporting Covid officers.</p> <p>All other named persons on this document will have completed the necessary COVID 19 training to gain the certificate that is required.</p> <p>Ongoing</p> | |

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| Someone returns too soon following a case of COVID 19 | Players, adults, volunteers, officials. | <p>Players to be made aware of the risks of exercise post having COVID 19</p> <p>Players to be advised to follow up with and gain information and advice from their GP.</p> | Parents of players and adult coaches and volunteers to be provided with information regarding post case COVID 19 | <p>Rhiannon Plews with support from other COVID officers from the Club.</p> <p>DB JWL EM JB</p> | <p>Rhiannon Plews</p> <p>Rhiannon Plews and other supporting Covid officers.</p> <p>Ongoing</p> | |

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| Social distancing rules | Girls and adults will not socially distance. The rule is all girls and adults should be 2 metres apart. Players, adults, parents, volunteers, officials. | Adults to remind the girls to stay 2 metres apart. Adults to be good role models to the girls. Any girls who cannot do the correct social distancing will be spoken to and if they keep breaking the rule, they will not be allowed to partake in the sessions. If players state that they are in a bubble elsewhere, they still need to social distance at training except from same household members. | All coaches and volunteers to understand and be told they need to be a good role model and show good social distancing themselves. | All coaches, assistant coaches and volunteers to support. RP DB JLW EM JB | Every training and meeting. All the time throughout the session, members will be reminded. Ongoing. | |

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| Equipment | Girls touching the equipment. We are now allowed to use netballs but any equipment that we use could transmit virus. All fitness and ball equipment could transmit COVID 19. | All equipment to be sanitised after session and then placed into quarantine for at least 72 hours until next use. | All equipment to be put out and collected by adults. All equipment will be cleaned after each session using anti-bacterial cleaner. Adults to ensure they correctly hand wash and hand sanitise after putting the equipment away or clean any equipment. | Any coaches and volunteers will ensure all equipment is cleaned. List will be kept and signed by person cleaning the equipment. | Every training and match. By all coaches and volunteers. Ongoing. | |
| Use of netballs | Touching and use of netballs could carry and transmit COVID 19 virus. | All balls to be sanitised after session and then place into quarantine for at least 72 hours until next use. We have enough balls to ensure that any bubble session has their own and the following bubble session will have a new set of balls. | At present time girls to share one netball between two and will not touch anyone else's netball. Once the training session is finished all netballs will be placed in ball bag and will be cleaned after each use. If any cross contamination does occur in a session this ball will be cleaned, and another new ball will be given. | Any coaches and volunteers will ensure all equipment is cleaned. List will be kept and signed by person cleaning the equipment. | Every training and meeting. By all coaches and volunteers. Ongoing. | |

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| Venue | Inside training could carry more risk to adults and children. | At present time, all training must take place outside and all members must still adhere to social distancing. | Outside there is plenty of space for social distancing and being outside lowers the risk of contact. See next section for indoor training. | All coaches and volunteers will ensure this happens. | Every training and meeting. By all coaches and volunteers. Ongoing. | |

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| Use of inside training venues. | Players, coaches, officials, volunteers, parents. | <p>We must have the venues own risk assessment and we must all read and agrees to that venues risk assessment.</p> <p>No parents to be allowed inside the venue unless there is a serious first aid issue.</p> <p>All the club's own sanitation rules will be in place as of above plus temperature testing of all persons attending. Confirm with venue operator the procedures for the movement and cleaning of any equipment such as netball posts and any other equipment.</p> | <p>Confirm with venue operator the procedures for the movement and cleaning of any equipment such as netball posts and any other equipment.</p> <p>Confirm with venue operator rigours and regular process in place.</p> | <p>Obtain Risk Assessment from venue before pre venue check.</p> <p>We MUST NOT use any inside venue until there risk assessment is given and agreed by the Clubs' lead Covid officer and supporting Covid officers.</p> | <p>End of September 2020.</p> <p>We are now using an inside training venue from middle of September and the head coach is adhering to the Covid cleaning procedures and ensuring that all wear masks till they are in the sport hall.</p> <p>The girls are grouped in no more than threes and an adult works with that bubble. The adult must wear a mask or a full visor.</p> | <p>Done: Both training venue risk assessments are done, and we have copies for the club.</p> |

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| Use of inside training venues. (continued) | | | | | The time limit of the session must be adhered to so no HIGH RISK can occur. | |
| Number of girls allowed to join in | Too many girls will wish to partake and the bubble groups will be too large. | The bubbles will be no more than allowed from guidance from England Netball and there will also be one adult or youth coach to each bubble. | <p>At present only eight girls in a bubble group with one supporting adult/youth coach per group.</p> <p>We must ensure that we have enough adults/youth coaches as support for each bubble group.</p> <p>No more than 30 girls can attend per court or netball court sized training area and we must adhere to these rules, as per England Netball.</p> | <p>The lead coach at training will ensure this happens.</p> <p>The lead Covid officer will do spot checks as required.</p> | <p>At every training/match session.</p> <p>By all coaches and volunteers.</p> <p>If not enough adults/youth coaches to cover, training MUST NOT take place and will be cancelled.</p> <p>Ongoing.</p> | |

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| Cleanliness of equipment | The equipment could carry COVID 19 virus on it. | <p>Cleaning regimes must be adhered to.</p> <p>Ensure there is plenty of hand sanitiser for all. Anti-bacterial cleaner, anti-bacterial wipes and bin bags to put rubbish in.</p> | The equipment will be regularly cleaned with anti-bacterial products and there will be a time period where the equipment will not be in use. | <p>All coaches and volunteers will ensure this happens.</p> <p>When cleaning products start to become low, inform D B who will restock.</p> | <p>Every training and match.</p> <p>By all coaches and volunteers.</p> <p>Ongoing.</p> | |

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| Illness of girls and adults whilst at training. | <p>Turing up to training with COVID 19 symptoms.</p> <p>Anybody who attends any session.</p> | <p>All members to know what potential COVID 19 symptoms are.</p> <p>Ensure that all members take a pre travel health screening before attending.</p> <p>Undertake a further health screening before entry into session.</p> <p>Anyone who displays symptoms must go home, self-isolate and apply for a test.</p> | <p>The girl and one adult would wear PPE equipment whilst waiting to be collected from training.</p> <p>Ensure that correct PPE is brought and always with us at training.</p> | <p>One adult who is at training will care for the unwell person.</p> <p>It will then be advised to the adult who has looked after the child, to wash all clothes wore and shower when home.</p> | <p>Whenever the situation may occur.</p> <p>One selected adult will care for the unwell child/adult wearing the correct PPE.</p> | |

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| Positive COVID 19 test result from a household member | Players, coaches, officials, volunteers, parents. | If anyone in your household tests positive you must inform Birmingham City Netball Club immediately and the Club must follow the correct Club protocol. | The lead Covid officer will then put in place the correct procedure, inform all who need to know, keep an up to date list of relevant information and ensure that any members of that household do not attend any training or matches whilst they should be in self-isolation | Parents of household who inform a coach. The coach must then inform the lead Covid officer. | Whenever the situation may occur. | |

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| Contact from each other | <p>Members could accidentally spread COVID 19 droplets on to another person without knowing.</p> <p>Players, coaches, volunteers, parents, officials and members of the public.</p> | <p>All members to constancy be reminded about good COVID 19 hygiene.</p> <p>Gaps between bubble groups.</p> <p>Shouting is not permitted.</p> <p>All players to be taught and reminded of new England Netball modifications for practice and game play.</p> <p>Parents and spectators, (if allowed at matches or training) must remain correct social distance and not gather in groups of more than six.</p> <p>NB: at present spectators are not allowed to attend.</p> | <p>All players and adults will use anti-bacterial hand gel at the start and end of the sessions.</p> <p>All players and adults will be reminded to wash hands and training kit when they get home.</p> | <p>All adult coaches/ youth coaches and volunteers</p> <p>Session will be used for lead Covid officer to discuss and tell players of all new guidance.</p> | <p>Every training and match.</p> <p>By all coaches and volunteers.</p> <p>Ongoing</p> | |

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| Track and trace | If a member of the Club became COVID 19 positive. | All members/parents to be aware of track and trace. | <p>The adult/parent will inform the Club of the person and the Club therefore would inform all others involved in that bubble group.</p> <p>Ensure we follow correct protocol.</p> <p>Club to alert anyone in that bubble or who has had close contact with the person.</p> <p>Club to follow England Netball and NHS guidance.</p> <p>Ensure that the person does not attend until well and is Covid negative.</p> | Lead Covid officer and other supporting Covid officers. | Whenever the situation occurs, and a member becomes COVID 19 positive. | |

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| Holidays | Someone could come back carrying COVID 19. | To be aware of where players and adults are going on holiday. | Any girls/adults who go abroad for holiday will inform the Club where they have been and if those countries are in the quarantine group, they will have to inform the Club that they are self-quarantined with family, so therefore will not be allowed to attend training for that period of time. | Every training and match. By all coaches and volunteers. | Ongoing | |
| Toilets | Players, coaches, parents, volunteers and officials. | Please encourage players to go before they arrive at training. NB toilets may not be available at venues. | Work with venue operator to ensure rigorous cleaning of toilet facilities are in place. All to wash hands thoroughly and use hand sanitiser after using toilet facilities. | Every training and match. By all coaches and volunteers. | Ongoing | |
| Drinks | Players, coaches, parents, volunteers and officials. | No sharing of any drinks. | No one will be able to share drinks or give anyone a drink, so please provide your daughter with her own drink, with enough drink for the session. | Every training and match. By all coaches and volunteers. | Ongoing | |

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| Transport to and from training, matches etc. | Players, coaches, parents, volunteers and officials. | Car sharing outside a household is not permitted. If using public transport adhere to government guidance. | Ensure that parents, coaches etc know this information and add personal risk assessment if required. Parents to be encouraged to stay in cars when dropping and picking the girls up to lower the risk. | Every training and match. By all coaches and volunteers. | Every training session and matches. | |

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| Use of inside training venues. | Players, coaches, officials, volunteers, parents. | <p>We must have the venue's own risk assessment and we must all read and agree to that venue's risk assessment.</p> <p>No parents to be allowed inside the venue unless there is a serious first aid issue.</p> <p>All the Club own sanitation rules will be in place as of above plus temperatures testing of all persons attending.</p> | <p>Confirm with venue operator the procedures for the movement and cleaning of any equipment such as netball post and any other equipment.</p> <p>Confirm with venue operator rigorous and regular process in place.</p> | <p>Obtain Risk Assessment from venue before pre venue check.</p> <p>We MUST NOT use any inside venue until their risk assessment is given and agreed by the Clubs' lead Covid officer and supporting Covid officers.</p> | End of September 2020. | |

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| England Netball membership (previously known as 'Affiliation') | Players, team managers, officials and coaches | Everyone associated with BCNC must have current England Netball membership. | All members must have current England Netball membership before attending any training/matches. This covers all insurance points for all members. | Parents will ensure that their child has current EN membership. The Club will chase up any parents who have not completed it. All coaches, team managers and official linked to the Club will have current EN membership and the Club will ensure they are done correctly. | End of September 2020. | |
| Netball matches and training. | Close contact in games could transmit COVID 19 to other players. | All matches will take place with the correct guidance from England Netball, at present Stage Four (a) modifications are in place and all players, coaches and team | England Netball has set new rules into place that must be followed and adhered to by all. The Club will be responsible to ensure that all girls know and play by the new rules: | Every training and match. By all coaches and volunteers. | Ongoing | |

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| | | <p>managers must know and understand the new rules.</p> <p>Subject to agreement by England Netball, we will move to Stage 4 (b) on 26 September 2020. This allows modified game play and matches.</p> | <p>All players must be 4ft apart.</p> <p>Do not attend training or matches if you have any COVID 19 symptoms.</p> <p>Benches and netball posts must be sanitised before and after the training session by Venue Staff or ourselves.</p> <p>All nails must be cut before arriving at matches as coaches will not be able to loan nail clippers, so ownership is on parents/child. GIRLS WILL NOT BE ABLE TO PLAY A MATCH IF THIS IS NOT DONE.</p> <p>All jewellery must be left at home.</p> | | | |
| Netball matches and training (continued) | | | <p>Mobile phones cannot be looked after by any coaches so if required please bring a bag for personal equipment to go in for your child.</p> | | | |

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| | | | <p>Breaks will be taken to clean the netball and other equipment that was used or touched.</p> <p>Hands will be cleaned at start and end of the training/match.</p> <p>Bibs will not be transferred from one player to another. At least one spare set of bibs will be brought to all matches to allow a fresh bib to be used for any substitution.</p> <p>Used bibs to be placed in a designated bag after use and washed once play is finished.</p> <p>Whistles must not be shared.</p> | | | |

Note: this is a living document and will be updated as necessary.


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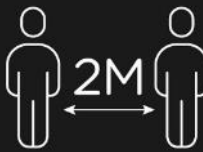










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England Netball's Roadmap for the return of community netball

Phase



| | NETBALL FITNESS ACTIVITY | MODIFIED NETBALL ACTIVITY | TRADITIONAL NETBALL |
|--|--|--|--|
| Stage | 1 | 2 | 3 |
| What it could look like | INDIVIDUAL ACTIVITY <ul style="list-style-type: none"> • SOCIALLY DISTANCED • NO EQUIPMENT SHARING • NETBALL FITNESS WITH UP TO ONE OTHER PERSON OUTSIDE OF HOUSEHOLD • OUTDOOR ONLY | SMALL GROUP ACTIVITY <ul style="list-style-type: none"> • SOCIALLY DISTANCED • MINIMAL EQUIPMENT SHARING • NETBALL FITNESS WITH UP TO 6 PEOPLE IN TOTAL • OUTDOOR AND POTENTIALLY INDOOR (IN LINE WITH GOVERNMENT GUIDANCE) | LARGER GROUP ACTIVITY <ul style="list-style-type: none"> • SOCIALLY DISTANCED • MINIMAL EQUIPMENT SHARING • NETBALL FITNESS WITH AN INCREASED GROUP SIZE (MAXIMUM OF 30 PEOPLE) • OUTDOOR STRONGLY RECOMMENDED (WHERE POSSIBLE) |
| When | 13 MAY INDIVIDUALS ALLOWED TO EXERCISE WITH SOMEONE OUTSIDE OF THEIR HOUSEHOLD  | 1 JUNE EXPANSION OF NUMBERS ABLE TO MEET  | FROM 18 AUGUST FOLLOWING GOVERNMENT APPROVAL  |
| | 4a | 4b | 5 |
| | MODIFIED TRAINING <ul style="list-style-type: none"> • USES COVID-19 RULE MODIFICATIONS • EQUIPMENT SHARING PERMITTED - LIMIT WHERE POSSIBLE • REGULAR BREAKS FOR HAND AND EQUIPMENT SANITISATION • MAX OF 30 PER COURT • OUTDOOR STRONGLY RECOMMENDED (WHERE POSSIBLE) • RISK MITIGATIONS IN PLACE • FRIENDLY MATCHES PERMITTED | COMPETITION MODIFIED RULES <ul style="list-style-type: none"> • USES COVID-19 RULE MODIFICATIONS • STRICT HYGIENE PROTOCOLS • MAX OF 30 PER COURT • SPECTATORS SOCIALLY DISTANCED • OUTDOOR STRONGLY RECOMMENDED (WHERE POSSIBLE) • RISK MITIGATIONS IN PLACE | FULL TRAINING <ul style="list-style-type: none"> • FULL CONTACT AND CLOSE MARKING ALLOWED IN TRAINING ENVIRONMENT • FULL EQUIPMENT SHARING • FULL SQUAD PARTICIPATION • FRIENDLY MATCHES PERMITTED IN PREPARATION FOR COMPETITION • OUTDOOR AND INDOOR |
| | 6 | COMPETITION <ul style="list-style-type: none"> • COMPETITIVE NETBALL CAN RECOMMENCE • OUTDOOR AND INDOOR • SPECTATORS ALLOWED | COMPETITION <ul style="list-style-type: none"> • COMPETITIVE NETBALL CAN RECOMMENCE • OUTDOOR AND INDOOR • SPECTATORS ALLOWED |
| | FROM 18 AUGUST FOLLOWING GOVERNMENT APPROVAL ONCE REQUIRED RISK MITIGATION MEASURES IN PLACE  | FROM 26 SEPTEMBER PROVIDING ALL GUIDANCE IS FOLLOWED BY ORGANISERS  | TBC REMOVAL OF SOCIAL DISTANCING RISK OF NETBALL TRAINING DEEMED LOW ENOUGH TO ALLOW FULL CONTACT AND MARKING IN TRAINING  |
| | FROM 26 SEPTEMBER PROVIDING ALL GUIDANCE IS FOLLOWED BY ORGANISERS  | TBC FULL RELEASE OF SOCIAL DISTANCING RISK OF NETBALL ACTIVITY DEEMED LOW ENOUGH TO ALLOW COMPETITION TO RESUME  | TBC FULL RELEASE OF SOCIAL DISTANCING RISK OF NETBALL ACTIVITY DEEMED LOW ENOUGH TO ALLOW COMPETITION TO RESUME  |
| THIS ROADMAP IS SUBJECT TO CHANGE AND WILL BE UPDATED IN LINE WITH GOVERNMENT GUIDANCE AND ADVICE | | | |
|  If you are displaying any COVID-19 symptoms, you must not attend any netball activity | |  Adhere to hand hygiene at all times | |